

## May 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
April 30 Weight Room 2:30 Baseball Playoffs Week 1	1 Weight Room 2:30	2 Weight Room 2:30	3 Weight Room 2:30	4 Weight Room 2:30
7 Weight Room 2:30 Baseball Playoffs Week 2	8 Weight Room 2:30	9 Weight Room 2:30	10 Weight Room 2:30	11 Weight Room 2:30
14 Weight Room 2:30 Baseball Playoffs Week 3	15 Weight Room 2:30	16 Weight Room 2:30	17 Weight Room 2:30	18 Weight Room 2:30
21 Weight Room 2:30 Week 4	22 Weight Room 2:30	23 Weight Room 2:30	24 Weight Room 2:30	25 Weight Room 2:30
28 Weight Room 2:30 Exams Week 5	29 Weight Room 2:30 Exams	30 Weight Room 2:30 Exams	31 Weight Room 2:30 Class Day/ Graduation	June 1 Weight Room 2:30 Teacher Workday

## June 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
May 28 Weight Room 2:30  <i>Exams</i> Week 5	May 29 Weight Room 2:30  <i>Exams</i>	May 30 Weight Room 2:30  <i>Exams</i>	May 31 Weight Room 2:30  <i>Class Day/ Graduation</i>	June 1 Weight Room 2:30  <i>Teacher Workday</i>
4 Weight Room 6:00  Week 6	5 Weight Room 6:00	6 Weight Room 6:00	7 Weight Room 6:00	8 Weight Room 6:00
11 Weight Room 6:00  Week 7	12 Weight Room 6:00  <b>Practice 6:30-8:30</b>	13 Weight Room 6:00	14 Weight Room 6:00  <b>Practice 6:30-8:30</b>	15
18 Weight Room 6:00  Week 8	19 Weight Room 6:00  <b>Practice 6:30-8:30</b>	20 Weight Room 6:00	21 Weight Room 6:00  <b>Practice 6:30-8:30</b>	22
25 Weight Room 6:00  Week 9	25 Weight Room 6:00  <b>Practice 6:30-8:30</b>	27 Weight Room 6:00	28 Weight Room 6:00  <b>Practice 6:30-8:30</b>	29

## July 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>SCISA Dead Period – No Athletics, July 2<sup>nd</sup> – July 6<sup>th</sup></b>				
9 Weight Room 6:00  Week 10	10 Weight Room 6:00  <b>Practice 6:30-8:30</b>	11 Weight Room 6:00	12 Weight Room 6:00  <b>Practice 6:30-8:30</b>	13
16 Weight Room 6:00  Week 11	17 Weight Room 6:00  <b>Practice 6:30-8:30</b>	18 Weight Room 6:00	19 Weight Room 6:00  <b>Practice 6:30-8:30</b>	20
23	24	25	26 <b>Practice 1</b> (Helmets)	27 <b>Practice 2</b> (Helmets)
<b>SCISA Dead Period – No Athletics, July 23<sup>rd</sup> – July 25<sup>th</sup></b>				
30 <b>Practice 4</b> (Shells)	31 <b>Practice 5</b> (Shells)	August 1 <b>Practice 6</b> (Full Pads)	August 2 <b>Practice 7</b> (Full Pads)	August 3 Scrimmage Home vs King's/MB