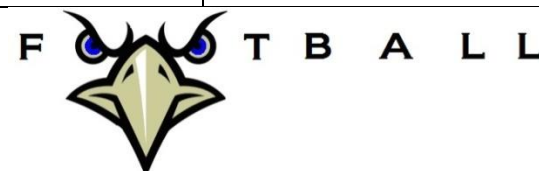


June 2017 - Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
5 Weight Room Open 8-10 AM (JK) 6-8 PM (JK)	6 Weight Room Open 7-8:45 AM (BD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	7 No Football Activities	8 Weight Room Open 8-10 AM (KD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	9 No Football Activities
12 Weight Room Open 8-10 AM (JK) 6-8 PM (JK)	13 Weight Room Open 7-8:45 AM (BD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	14 No Football Activities	15 Weight Room Open 8-10 AM (KD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	16 No Football Activities
19 Weight Room Open 8-10 AM (JK) 6-8 PM (JK)	20 Weight Room Open 7-8:45 AM (BD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	21 No Football Activities	22 Weight Room Open 8-10 AM (KD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	23 No Football Activities
26 Weight Room Open 8-10 AM (JK) FCA 7 on 7 @ PDA – 6:00 (Guest Speaker after)	27 Weight Room Open 7-8:45 AM (BD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	28 No Football Activities	29 Weight Room Open 8-10 AM (KD) 5-6:30 PM 6:30-8 Summer Practice (helmets)	30 No Football Activities

*** Players will be receiving a football t-shirt and shorts to wear as a uniform during our summer 7 on 7s. These will also be worn to **EVERY** Thursday walk-through practice during the season. ***



July 2017 - Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday	
3	4 Independence Day	5	6	7	
No Football Activities July 3rd - 7th - SCISA Dead Period					
10 Weight Room Open 8-10 AM (JK) 6-8 PM (JK)	11 Weight Room Open 7-8:45 AM (BD) 5-6:30 PM 6:30-8 Summer Practice (<i>helmets</i>)	12 No Football Activities	13 Weight Room Open 8-10 AM (KD) 7 on 7 vs King's & CAMB @ PDA	14 No Football Activities	<u>Saturday, July 15th</u> Trinity-Byrnes 7 on 7 Tournament
17 Weight Room Open 8-10 AM (JK) 6-8 PM (JK)	18 Weight Room Open 7-8:45 AM (BD) 6-8 PM (JK)	19 No Football Activities	20 Weight Room Open 8-10 AM (KD) 6-8 PM (JK)	21 No Football Activities	
24	25	26	27 Midnight Madness Players report to PDA @ 7:00 pm Practice #1 12:01-1:30 am Practice #2 8:00-10:30 am Helmets	28 Practice 8:00-10:30 am Helmets	
No Football Activities July 24th - 26th - SCISA Dead Period					