

July 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
SCISA Dead Period – No Athletics, July 2nd – July 6th				
9 Weight Room 6:00 Week 10	10 Weight Room 6:00 Practice 7:00-8:30	11 Weight Room 6:00 Practice 7:00-8:30	12 Weight Room 6:00 Passing League 7:00 (King's, Creek Bridge, Carolina)	13 Weight Room 6:00
16 Weight Room 6:00 Week 11	17 Weight Room 6:00 Practice 7:00-8:30	18 Weight Room 6:00	19 Weight Room 6:00 Passing League 7:00 (King's, Creek Bridge, Carolina, Marion, Mullins)	20 Weight Room 6:00
23	24	25	26	27
SCISA Dead Period – No Athletics, July 23rd – July 25th			Practice #1 6:30-8:45 PM <i>(Spend the night @ PDA – practice again Friday AM)</i>	Practice #2 7:00-9:00 AM (Helmets) Practice #3 6:30-8:45 PM (Helmets)
30 Practice #4 6:30-8:45 PM (Shells)	31 Practice #5 6:30-8:45 PM (Shells)	August 1 Practice #6 6:30-8:45 PM (Full Pads)	August 2 Practice #7 6:30-8:45 PM (Full Pads)	August 3 Home Scrimmage vs MB Christian, Creek Bridge, King's 7:00

August 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
July 30 Practice #4 6:30-8:45 PM (Shells)	July 31 Practice #5 6:30-8:45 PM (Shells)	1 Practice #6 6:30-8:45 PM (Full Pads)	2 Practice #7 6:30-8:45 PM (Full Pads)	3 Home Scrimmage vs MB Christian, Creek Bridge, King's 7:00
6 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	7 Scrimmage @ Thomas Sumter <i>JV 8:00-10:00 AM</i>	8 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	9 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	10 Scrimmage @ Williamsburg <i>No JV Practice</i>
13 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	14 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	15 Practice 7:30-9:30 PM (Shells) <i>JV 6:00-7:30 PM</i>	16 Scrimmage @ Florence Christian 7:30 <i>JV 6:00-7:30 PM</i>	17 Week 0 Open Date <i>JV 8:00-10:00 AM</i>
20 Practice 6:15 Linemen Film/Backs Lift 7:00-9:00 PM (Shells) <i>JV 5:30-7:00 PM</i> 1st Day of School	21 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	22 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	23 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift	24 Week 1 Robert E Lee 7:30 - Away
27 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	28 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	29 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	30 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ Conway Christian - 6:00</i>	31 Week 2 Dorchester 7:30 - Away

September 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Practice Time To Be Determined (Shells) <i>Labor Day</i></p>	<p>4 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>5 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>6 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs Carolina - 6:00</i></p>	<p>7 Week 3 Colleton Prep 7:30 - Home</p>
<p>10 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>11 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>12 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>13 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs RE Lee - 6:00</i></p>	<p>14 Week 4 Thomas Heyward 7:30 - Home</p>
<p>17 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>18 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>19 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>20 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ DCS - 6:00</i></p>	<p>21 Week 5 Dillon Christian* 7:30 - Home</p>
<p>24 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)</p>	<p>25 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)</p>	<p>26 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)</p>	<p>27 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs King's - 6:00</i></p>	<p>28 Week 6 The King's* 7:30 - Away</p>



October 2018 – Varsity Football

Monday	Tuesday	Wednesday	Thursday	Friday
1 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	2 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	3 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	4 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV home vs T. Sumter – 6:00</i>	5 Week 7 Thomas Sumter* 7:30 - Away
8 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	9 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	10 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	11 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ Williamsburg – 6:00</i>	12 Week 8 Williamsburg 7:30 - Home
15 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	16 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	17 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	18 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift <i>JV @ MB Christian–Time TBD</i>	19 Week 9 MB Christian* 7:30 - Home
22 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	23 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	24 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	25 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift	26 Week 10 Carolina* 7:30 - Away
29 Practice 3:45 Linemen Film/Backs Lift 4:30-6:30 PM (Shells)	30 Practice 3:45 Backs Film/Linemen Lift 4:30-6:30 PM (Full Pads)	31 Practice 3:45 Linemen Lift/ Backs Pre-Practice 4:30-6:30 PM (Shells)	Nov. 1 Practice 2:30-3:45 PM (Helmets) 3:45-4:30 Backs Lift (Helmets)	Nov. 2 State Playoffs 1 st Round